

U of U Postdoctoral Association Board Meeting

12:00 - 1:00 PM on October 4, 2016

HSEB 5100A

Attendance: Natalia Torres (CVRTI), Jennifer Mabey (Graduate School), Marta Szulik (CVRTI), Daniel Mendoza (Atmospheric Sciences/GCSC), Lars Laurentius (Nano Institute), Suvendu Biswas (College of Pharmacy), Heather Clifton (VA), and Nadia Granados (College of Education).

Absences: Jen Nichols (Orthopedics), Chris Tracy (CVRTI).

Agenda

- 12:00 pm Approve minutes from last meeting [5 min]
- *Minutes approved.*
- 12:03 pm *Miscellaneous*
- *The board voted in favor of Marta Szulik becoming the Junior Chair.*
 - *Departments are still considering their options for the upcoming changes to the postdoc salary.*
 - *Heather Clifton is joining the board as a member at large representing the VA.*
- 12:05 pm Postdoc Appreciation Day Recap [10 min]
- Attendance:
 - Keynote Speaker: 19
 - Poster Session: 11 posters / 7 judges
 - Breakout Session - Career & Coaching Resources through the Alumni Association - Amy Gleason: 10
 - Breakout Session - Fair Labor Standards Act (FLSA) and Postdocs – Jennifer Mabey: 9
 - The Postdoc Appreciation day was a success and the poster session was well-attended.
 - The afternoon appeared to be too long and we should consider shortening the event duration for next year. Perhaps the keynote followed by the poster session.
 - Also the location has to be reconsidered, it appears that events held on upper campus results in higher attendance.
 - Lastly, the time of the event might to be disruptive to hold in the middle of the day and we could move it to the end of the day (3-5 pm).
 - There have been some concerns raised I regards to the poster award, does it have to be a travel award? Can it be a personal award?
 - We will have to start planning the location for next year.
- 12:17 pm Presentation by Nadia Granados (College of Education)
- The College of Education is sponsoring Institutional Membership for the University of Utah to the National Center for Development and Diversity (NCFDD). This is a great resource and mentorship

for graduate students, postdocs, and faculty. It has a career center, offers short courses online, and provides a multitude of highly relevant tools.

- It's a resource developed to ease the academic process including negotiations, publishing, time management, conflict resolution, faculty applications, etc.
- We will advertise the resource by email and social media and potentially host a lunch & learn on this topic.

12:40 pm

Lunch & Learn [10 min]

- Lunch & Learn updates
 - Tues. Oct. 11 (in HSEB 2600) – Personal Money Center confirmed. (13 RSVP)
 - Tues. Nov 8 (in HSEB 1730) – “Writing Faster & Better” confirmed.
 - No Dec. L&L due to Holiday season
- Future Lunch & Learn Options:
 - CV vs resume (Francine)
 - Social Networking
 - Presentation Skills (Mary Anne)
 - Repeat Academic and non-academic panels
- Lunch & Learn have been finalized for October and November. We might plan another for early December to discuss Versatile PhD and National Center for Development and Diversity.
- We will plan for a lunch & learn in January or February on the journal peer-review. We will host it on a Wednesday to accommodate Cynthia Burrows from Chemistry as she has offered to be on the panel.
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12:50 pm

Ski discount - Marta Update [10 min]

- *Discounted tickets from Park City/Canyons are potentially available. They would provide vouchers, which can be used to purchase tickets. We can distribute vouchers at UPDA events.*

12:56 pm

Winter Social [5 min]

- *We will plan on ice-skating at the Gallivan Center again in December or January and extend an open invitation to the postdoc community.*

12:58 pm

Website Update [10 min]

- FAQ (see third page)
- *We will try to re-design the website and create/update FAQ's.*
- *We want to offer more information for potential and current postdocs.*

1:07 pm

Additional Points of Discussion [10 min]

- New Initiative: Monthly meeting to prepare for academic applications
We want to facilitate a study group that can help each other with faculty applications. How to determine interest? Connect people? Should mentors be involved?
- We can have a kick-off meeting and then decide how to continue.

Next Meeting:

12:00 - 1:00 PM on Tues. November 1, in HSEB 5100A

If you have suggestions for additional FAQs that we can add or information to improve any of the answers below, please send your comments to upda@utah.edu.

Making the Most of Your Postdoctoral Experience:

What's the best resource to help me make the most of my postdoc?

What benefits are postdocs entitled to and where do I find information on my benefits?

How do I find grants and/or fellowships to apply for?

The seminar announcement says it is for "faculty and staff", can I attend? What about if it's for "graduate student" or just "faculty"?

How do I find groups to join on campus?

How do I join the UPDA (or any other) listserv?

Would my postdoc experience be better if I joined the UPDA board?

Exploring Utah:

How do I get around Salt Lake City? Do I need a car?

How do I get into cycling and/or mountain biking?

I have never skied. What do I need to know as a novice skier?

I love skiing, but have never skied in Utah. What do I need to know as an intermediate or advanced skier?

Where's the best place for a hike in Salt Lake City?

I hear there are a bunch of National Parks. What do I need to know?

I really like culture. Where should I look for theater shows and music performances?

I really like sports. What teams are good to see around here?

Does being a postdoc at the University of Utah get me any discounts?

Moving to Utah:

Where should I live?

What is the rental market in Salt Lake City?

What resources exist to help me find on-campus housing?

What resources exist to help me find off-campus housing?

Academic Job Search:

How do I find an academic job?

Are there listservs I should join to learn about jobs?

Can someone at the U help me craft a C.V.?

Non-Academic Job Search:

How do I find a non-academic job?

Are there listservs I should join to learn about jobs?

Can someone at the U help me craft a resume?