## **AGENDA & MINUTES**

## **UPDA** monthly meet-up

Time: November 6, 2025 4:00 PM Mountain Time (US and Canada)

Join Zoom Meeting: https://utah.zoom.us/j/98874461378

Meeting ID: 988 7446 1378

Passcode: 809179 Known Absences: Leave of absence:

Guests:

Minutes taken by: Lokesh, revised by Elisa

## **Board members:**

Present Executive Board members				
Name	Dept.	Position	Present	
Elisa Balzano	Human Genetics	Senior Chair	X	
Rehab Ahmad	College of Architecture & Planning	Junior Co-Chair		
Lokesh Saravanan	Chemistry	Junior Co-Chair	X	
Zeynep Ozay	HCI Communications Chair			
Emmanuel Aghimien	College of Architecture & Planning	Chairs of Professional Development	X	
Thankhoe Rants'o	Pharmacology And Toxicology	Chairs of Professional Development		
Rhiannon Louse Cowan	Neurosurgery	Advocacy Chair	X	
Jacob Kisiolek	Pathology	Treasurer	X	
Luis Cedeno-Rosario	Biochemistry	Postdoc Success Chair	X	
Hasan Al Faruque	Molecular Pharmaceutics	Social Event and Network Chair	X	
Deborah Kajewole	Internal Medicine/HCI	Board Member		
Shixiong Tian	Mathematics	Board Member		
Mary Killela	CoN Nursing	Board Member		
Edwin Miranda	Molecular Medicine Program	Board Member		
Hillary Wadsworth	Neurobiology Research	Board Member	X	
Stephen Decker	Human Genetics	1 meeting for being Board Member		
Marija Nadjsombati	нсі	1 meeting for being Board Member	X	
Elizabeth Schneider	Cvrti	1 meeting for being Board Member	X	
Christopher Nguyen	<b>Electric and Computer Engineering</b>	1 meeting for being Board Member	X	
Krishna Prasath Logakannan	Mechanical Engineering	1 meeting for being Board Member		

Vince Wang	Civil & Environmental Eng	1 meeting for being Board Member		
Past Executive Board members				
Ashwini Sri Hari	Pharmacology/Toxicology	Former Senior Chair and		
		<b>Board Member</b>		
Faculty/Staff				
Amy Barrios	OPA	Faculty/Staff Sponsor		
Neil Vander Most	OPA	Faculty/Staff Sponsor x	<b>(</b>	

## **Agenda**

Topics	Discussion points	Updates/Action items (Minutes)	
Review on past events	<ol> <li>Meeting with HPA</li> <li>Coffee Hour (HCI)</li> </ol>	<ol> <li>It was useful to talk with the leaders of the HPA to collaborate</li> <li>✓ Having trouble accessing the HCI South building</li> <li>✓ Number of participants can be considered to book the place. Find ways to invite and include more postdocs</li> </ol>	
Upcoming events	<ol> <li>OPA events calendar</li> <li>Town Hall Postdocs</li> <li>Coffee Hour in December (Hasan &amp; Hillary)</li> <li>Grants Workshop (Rhiannon &amp; Luis)</li> <li>AI Workshop (Emmanuel &amp; Thankhoe)</li> <li>Postdocs spotlight (Weekly or monthly)</li> <li>SACNAS Potluck November 14th @ 4 PM EHSEB Alumni Hall Room 2120 (Edwin &amp; Luis)</li> </ol>	<ul> <li>Next year - More engagements with NPA</li> <li>Volunteer opportunities with NPA are available for postdocs</li> <li>Demoting "a day in the life" 2026 workshop</li> <li>Neil will send us a list of speakers and postdocs can choose among them for transitions to academia industry career panel event</li> <li>Event time: January or February 2026</li> <li>Think about topics and questions carefully</li> <li>Goal: Feedback to improve postdocs policy</li> <li>Send survey to ask questions and create an outline before the town hall (at least 2 months in advance)</li> <li>Include the timeline to change the policy in handbook</li> <li>Small modifications in the policy are easier to change</li> <li>Talk with Amy to ask how to be part of the voting board for postdocs policy</li> <li>Not yet decided the location</li> <li>On the process of contacting speakers and fixing the dates</li> </ul>	

		<ul> <li>✓ Rhiannon willing to make the flyer</li> <li>✓ Zeynep can help in advertising the flyer by Slack and newsletter</li> <li>✓ Zoom event at the end of November, on the process of contacting the speaker</li> <li>✓ Monthly spotlight</li> <li>✓ Select postdocs with writing talent so they can set the tone for the following posts</li> <li>✓ Nominate postdocs and share with Neil</li> <li>✓ Table for UPDA: Luis can help with setting the table</li> <li>✓ Neil can give the stickers on Monday to Hillary</li> </ul>
Grants and fundings for Postdocs	<ol> <li>Ubox for shared word files</li> <li>Jacob: Budgeting, forms, payments, etc</li> <li>Hasan &amp; Hillary: Social events planning</li> <li>Zeynep: Newsletter &amp; Slack instructions</li> <li>Lokesh: Website management guide</li> </ol>	1.  ✓ Finalize and upload it to the Ubox
UPDA open positions	1. Voting for the new UPDA board members	1.  ✓ No new board members voted
UPDA Newsletter and Social network	<ol> <li>Hasan, Hillary and Zeynep activate Instagram</li> <li>Share the SACNAS Potluck flyer</li> </ol>	<ol> <li>Cooperation among Hasan, Hillary and Zeynep</li> <li>Shared the flyer</li> </ol>
Miscellaneous discussions	<ol> <li>Share the Handbook (Neil, Zeynep and Lokesh)</li> <li>NPA Spotlight (Neil)</li> </ol>	<ul> <li>Upload the handbook with new policy on the website</li> <li>Published!</li> </ul>
Next monthly meeting	1. Can we confirm December 4, 2025 at 4 PM for the next UPDA monthly meeting?	1. ✓ Confirmed December 4, 2025, at 4 pm

**Notes:**